

Corn Pudding

Recipe submitted by Andrea Maple

Nationality/Ethnicity – African/American

The Story Behind the Recipe

I love corn pudding! My aunt gave this recipe to me when I was in my teens. I loved it then and I have always kept it with me. I am an adult now, serving this to my family and they love it, too.

I hope they keep it and pass it on. I love the cooked corn smell the dish gives off and know when it is done by the golden color of perfection.

I always serve this dish for the holiday. The dish is also great as a side dish for Sunday dinner. My family loves it!

Ingredients:

- 1 can whole kernel corn
- 1 can cream style corn
- 4 eggs beaten
- 1 cup sugar
- ¼ stick butter, melted
- 2 tablespoons cornstarch
- ½ cup milk

Preparation Directions:

Mix everything well. Preheat oven to 350 degrees. Cook until golden brown or knife inserted comes out clean.