

Scottish Tablet

(A Very Sugary Fudge)

Recipe submitted by Florence Krahling
Nationality/Ethnicity – Scottish

This recipe is from my mother, Georgina Carnie McNaughton, who was born in Annan, Scotland, in 1898 and came to the United States in 1923.

Ingredients:

2 pounds granulated sugar
1 cup milk
1 can condensed milk
¼ pound butter

Preparation Directions:

Put milk in large pan on low heat and gradually add the sugar, stirring constantly. Stir until the sugar has dissolved, then add the butter, cut in pieces. When melted, add the condensed milk. Boil without stirring for 20 minutes until a small, soft ball forms when a little is dropped into a cup of cold water. Remove from heat and beat until thick and creamy. Pour into buttered tray and cut into squares when cold.